

FOREST HILL		RISING STARS 2021 - SESSION 2						Sunday, 7 NOVEMBER PM			
SECTION	TOTAL	PROGRAM LENGTH	WARMUP TIME	EXTRA TIME	TOTAL WARMUP	SKATING TIME	ON/OFF TIME	TOTAL TIME	START TIME	END TIME	On/Off time
											00:02:30
RESURFACE AND WELCOME				00:30:00	00:00:00	00:00:00	00:00:00	00:30:00	16:30	17:00	
Couples Dance Exhibition	1	00:02:30	00:02:00		00:02:00	00:02:30		00:04:30	17:00	17:04	
Adult ladies Artistic Beginners	3	00:01:40	00:04:00	00:01:00	00:04:00	00:05:00	00:07:30	00:17:30	17:04	17:22	
Adult ladies Artistic Advanced	1	00:01:40			00:00:00	00:01:40	00:02:30	00:04:10	17:22	17:26	
Chicks Girls 9 and Under (Skaters 1 - 5)	5	00:01:40	00:04:00	00:01:00	00:04:00	00:08:20	00:12:30	00:25:50	17:26	17:52	
Chicks Girls 9 and Under (Skaters 6 - 11)	6	00:01:40	00:04:00	00:01:00	00:04:00	00:10:00	00:15:00	00:30:00	17:52	18:22	
Chicks Girls 9 and Under (Skaters 12 - 17)	6	00:01:40	00:04:00	00:01:00	00:04:00	00:10:00	00:15:00	00:30:00	18:22	18:52	
Roosters Under and over 10	3	00:01:40	00:04:00	00:01:00	00:04:00	00:05:00	00:07:30	00:17:30	18:52	19:09	
Sparrows Girls	1	00:02:30	00:04:00	00:01:00	00:04:00	00:02:30	00:02:30	00:10:00	19:09	19:19	
Bronze Hawks Girls	4	00:02:30			00:00:00	00:10:00	00:10:00	00:20:00	19:19	19:39	
Bronze Hawks Club	2	00:02:30			00:00:00	00:05:00	00:05:00	00:10:00	19:39	19:49	
Introductory Synchro	1	00:02:30	00:02:00		00:02:00	00:02:30	00:02:30	00:07:00	19:49	19:56	
Presentations Resurface and Dinner				00:34:00				00:34:00	19:56	20:30	
Silver Falcons girls Club	3	00:02:30	00:05:00	00:01:00	00:05:00	00:07:30	00:07:30	00:21:00	20:30	20:51	
Silver Falcons Girls	4	00:02:30			00:00:00	00:10:00	00:10:00	00:20:00	20:51	21:11	
Golden Eagles	1	00:02:30			00:00:00	00:02:30	00:02:30	00:05:00	21:11	21:16	
Adult Men Artistic	2	00:01:40	00:04:00	00:01:00	00:04:00	00:03:20	00:05:00	00:13:20	21:16	21:29	
Gold Solo Ice Dance	1	00:04:00	00:04:00	00:01:00	00:04:00	00:04:00	00:02:30	00:11:30	21:29	21:41	
Team In Sync Star Test	1	00:03:10	00:01:00		00:01:00	00:03:10	00:02:30	00:06:40	21:41	21:48	
Presentations				00:12:00	00:00:00	00:00:00	00:00:00	00:12:00	21:48	22:00	
TOTALS	45	00:38:50	00:42:00	01:13:00	00:42:00	01:33:00	01:50:00	05:30:00	04:30 PM	10:00 PM	
Section	Warm up Group			Start Time	Duration	End Time					
Couples Dance Exhibition				17h00	02.00 Mins	17h02					
Adult ladies Artistic Beginners	Skaters 1 -3		One Warm Up	17h04	04.00 Mins	17h08					
Adult ladies Artistic Advanced	Skater 1										
Chicks Girls 9 and Under	Skaters 1 -5			17h26	04.00 Mins	17h30					
Chicks Girls 9 and Under	Skaters 6 -11			17h52	04.00 Mins	17h56					
Chicks Girls 9 and Under	Skaters 12 -17			18h22	04.00 Mins	18h26					
Roosters Under and over 10	Skaters 1 - 3			18h52	04.00 Mins	18h56					
Sparrows Girls	Skater 1		One Warm Up	19h09	04.00 Mins	19h13					
Bronze Hawks Girls	Skaters 1 - 4										
Bronze Hawks Club	Skaters 1 - 2										
Introductory Synchro				19h49	02.00 Mins	19h51					
Resurface and Dinner				19h56		20h30					
Silver Falcons girls Club	Skaters 1 -2		One Warm Up	20h30	05.00 Mins	20h35					
Silver Falcons Girls	Skaters 1-4										
Golden Eagles	Skater 1										
Adult Artistic Men Beginners	Skaters 1 -2			21h16	04.00 Mins	21h20					
Gold Solo Ice Dance	Dancer 1			21h29	02.00 Mins	21h31					
Team In Sync Star Test				21h41	01.00 Mins	21h42					