

FOREST HILL	GAUTENG INTER PROVINCIALS 2021							Monday 19 April			On/Off time
SECTION	TOTAL SKATERS	PROGRAM LENGTH	WARMUP TIME	EXTRA TIME	TOTAL WARMUP	SKATING TIME	ON/OFF TIME	TOTAL TIME	START TIME	END TIME	00:02:30
GIP SESSION 3 START 13H30				00:30:00	00:00:00	00:00:00	00:00:00	00:30:00	13:00	13:30	
Sparrows Girls	2	00:02:15	00:04:00	00:01:00	00:04:00	00:04:30	00:00:00	00:09:30	13:30	13:39	
Bronze Hawks Girls	4	00:02:30	00:05:00	00:01:00	00:05:00	00:10:00	00:10:00	00:26:00	13:39	14:05	
Silver Falcons Girls	5	00:02:30	00:05:00	00:01:00	00:05:00	00:12:30	00:12:30	00:31:00	14:05	14:36	
Golden Eagles Ladies	5	00:02:30	00:05:00	00:01:00	00:05:00	00:12:30	00:12:30	00:31:00	14:36	15:07	
Silver Falcons Boy	1	00:02:30	00:05:00	00:01:00	00:05:00	00:02:30	00:02:30	00:11:00	15:07	15:18	
Golden Eagles Man	1	00:02:30			00:00:00	00:02:30	00:02:30	00:05:00	15:18	15:23	
Resurface And Dry				00:37:00				00:37:00	15:23	16:00	
Pre Novice Girls Free Skaters 1 - 6	6	00:02:35	00:06:00	00:01:00	00:06:00	00:15:30	00:15:00	00:37:30	16:00	16:38	
Pre Novice Girls Free Skaters 7 - 12	6	00:02:35	00:06:00	00:01:00	00:06:00	00:15:30	00:15:00	00:37:30	16:38	17:15	
Gold Open Solo Dance	3	00:04:00	00:04:00	00:01:00	00:04:00	00:12:00	00:07:30	00:24:30	17:15	17:40	
Novice Boy	1	00:03:10	00:06:00	00:01:00	00:06:00	00:03:10	00:02:30	00:12:40	17:40	17:52	
Novice Ladies Free Skaters 1 - 6	6	00:03:00	00:06:00	00:01:00	00:06:00	00:18:00	00:15:00	00:40:00	17:52	18:32	
Novice Ladies Free Skaters 7 - 12	6	00:03:00	00:06:00	00:01:00	00:06:00	00:18:00	00:15:00	00:40:00	18:32	19:12	
Resurface and Dinner				00:33:00				00:33:00	19:12	19:45	
Junior Ladies Free Skaters 1 -5	5	00:03:35	00:06:00	00:01:00	00:06:00	00:17:55	00:12:30	00:37:25	19:45	20:23	
Junior Ladies Free skaters 6 - 10	5	00:03:35	00:06:00	00:01:00	00:06:00	00:17:55	00:12:30	00:37:25	20:23	21:00	
Junior Men Free Programme	2	00:03:40	00:06:00	00:01:00	00:06:00	00:07:20	00:05:00	00:19:20	21:00	21:19	
Senior Ladies Free	2	00:04:10	00:06:00	00:01:00	00:06:00	00:08:20	00:05:00	00:20:20	21:19	21:40	
Senior Men Free Programme	2	00:04:10				00:08:20	00:05:00	00:13:20	21:40	21:53	
Mixed Age Synchro Free Programme	1	00:03:10	00:01:00		00:01:00	00:03:10	00:02:30	00:06:40	21:53	22:00	
<b>TOTALS</b>	<b>63</b>	<b>00:55:25</b>	<b>01:23:00</b>	<b>01:55:00</b>	<b>01:23:00</b>	<b>03:09:40</b>	<b>02:32:30</b>	<b>09:00:10</b>	<b>01:00 PM</b>	<b>10:00 PM</b>	

Section	Warm up Group		Start Time	Duration	End Time
Sparrows Girls	Skaters 1 - 2		13h30	00:04:00	13h35
Bronze Hawks Girls	Skaters 1 - 4		13h39	00:05:00	13h45
Silver Falcons Girls	Skaters 1 - 5		14h05	00:05:00	14h11
Golden Eagles Ladies	Skaters 1 - 5		14h36	00:05:00	14h42
Silver Falcons Boy	Skaters 1	One Warm Up	15h07	00:06:00	15h13
Golden Eagles Man	Skaters 1				
Pre Novice Girls Free Skaters 1 - 6	Skaters 1 - 6		16h00	00:06:00	16h07
Pre Novice Girls Free Skaters 7 - 12	Skaters 7 - 12		16h38	00:06:00	16h45
Gold Open Solo Dance	Dancers 1 - 3	First dance	17h15	00:02:00	17h18
Novice Boy	Skaters 1		17h40	00:06:00	17h47
Novice Ladies Free Skaters 1 - 6	Skaters 1 - 6		17h52	00:06:00	17h59
Novice Ladies Free Skaters 7 - 12	Skaters 7 - 12		18h32	00:06:00	18h39
Junior Ladies Free Skaters 1 - 5	Skaters 1 - 5		19h45	00:06:00	19h52
Junior Ladies Free skaters 6 - 10	Skaters 6 - 10		20h23	00:06:00	20h30
Junior Men Free Programme	Skaters 1 - 2		21h00	00:06:00	21h07
Senior Ladies Free	Skaters 1 - 2	One Warm Up	21h19	00:06:00	21h26
Senior Men Free Programme	Skaters 1 - 2				
Mixed Age Synchro Free Programme	Team 1		21h53	00:01:00	21h54